



## HIGH ROPES CHALLENGE

A valuable practice in the pursuit of continuing professional growth and even professional well-being is the revisiting of our beliefs about the choices that we are making and the goals that we have set for ourselves or for the organization for which we work.

Our challenge course program (s) is designed to achieve your company's desired goals and objectives:

- Better teamwork
- Enhanced communication
- Increased team efficiency
- Problem-solving abilities
- Increased trust and respect between team members

The challenge course consists of an aesthetically designed series of logs and ropes combined in such a way to simulate challenges that might be found in a natural setting. The experience includes a variety of sessions planned around the various obstacles in order to examine and share common reactions and insights.



All or part of the following obstacles may be included (description may vary based on the group's goals and objectives):

- Catwalk
- Climbing Wall
- Confidence Pole
- Giants' Ladder
- He-Bee G-Bee
- High-Y
- Multi-Vine
- Rickety Bridge



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